

# **POMPTON LAKES HIGH SCHOOL**

## **◆ Dress Code Overview ◆**

Pompton Lakes High School features a positive image because of the success of its students, the quality of its faculty and staff, the involvement of its families, the aesthetic appeal of its campus, etc. How students dress for school and school functions certainly contributes to the favorable image PLHS enjoys. Visitors to our school, including college recruiters, are often impressed by the conduct and appearance of our students. Students may be fashionably dressed and able to express themselves. However, they must do so within certain reasonable boundaries. There is no need for revealing and/or extreme and inappropriate clothing in school and at school functions. The clothes youngsters wear affect not only the way they act, but also the way others react to them.

To avoid unnecessary problems, all students are requested to exclude the following from their school wardrobe:

- Clothing that exposes a bare midriff and/or underwear – Shirts must meet the top of jeans/pants/shorts.
- Plain white undershirts, including V-neck undershirts (boys)
- Halter/tank tops, tube tops, oversized athletic shirts, or see-through blouses without a cover-up shirt
- Spaghetti strap shirts with undergarments showing
- Shoulderless shirts
- Tops with low-cut, revealing necklines
- Tank tops without a shirt underneath or sleeveless shirts that are not whole shirt (boys)
- Clothing that is ripped, ragged, extremely brief, or transparent and exposes certain parts of the body
- Open-back shirts or blouses
- Sheer shirts
- Articles that display indecent or potentially offensive writing, pictures, or slogans (that is, profanity or alluding to profanity, substance abuse, alcohol or smoking ads, sexual themes, mental illness, or promoting violence)
- Short shorts or skirts and cut-off shirts and shorts – When standing with arms straight down, fingers must not be able to touch the bottom of skirts; the second joint on hands must not reach the bottom of shorts.
- Hats, bandanas, sweatbands, and beads
- Sunglasses, unless medically prescribed – Sunglasses cannot be visible in school (for example, worn on the top of the head).
- Dress that presents a health or safety hazard such as spiked necklaces or bracelets, chains, or studs
- Overcoats or outdoor jackets (must not be worn inside the building)
- Pajama-type flannel pants

### **PHYSICAL EDUCATION**

Students must be dressed appropriately for Physical Education (PE) classes. They must bring a separate set of clothing and change into that clothing out of their daily school clothes for PE class. Sneakers, t-shirts, shorts, sweat pants, and sweatshirts are acceptable articles of clothing. Unacceptable clothing includes, but is not limited to, spaghetti strap tops, tank tops, undershirts, boxer shorts, sports bras, or any article of clothing the Physical Education teacher deems to be inappropriate.

Students should simply take a common sense approach to their school attire and be honest and objective about their appearance. Before leaving home for school, a student might ask:

- How do I look?
- Am I appropriately dressed for school?
- Do my clothes fit me properly and are they clean and neat?



Favorable responses to those questions will preclude asking students to change, calling parents, and other consequences such as missed class time.

Parents should be fully aware of what their children are wearing to school. If students come to school dressed inappropriately, they may be asked to change their attire. Parents may be called to bring in appropriate clothing from home or students may be sent home to change. Any time missed from classes will be made up after school.

Consequences for not following policy will be one of the following depending on the frequency of offenses and the attitude of the student: detention, in-school suspension, or out-of-school suspension.

If you have any questions, please feel free to contact us at the high school at 973-835-7100.